



LIVING FAITH ACADEMY

July 2019

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 BREAKFAST: Milk, Mixed Fruit, Cheese Toast LUNCH: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Whole Grain Roll SNACK: Yogurt, Goldfish	2 BREAKFAST: Milk, Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll SNACK: Mixed Fruit, Nilla Wafers	3 BREAKFAST: Milk, Strawberries/Grapes, Waffles LUNCH: Milk, Pizza <i>(No Pork Substitution – Turkey Sandwich/Cheese Pizza)</i> , Mixed Veg., Mandarin Oranges, Whole Grain Roll SNACK: Applesauce, Pretzels	4 Independence Day ACADEMY CLOSED	5 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Cheeseburger, Corn/Carrots, Grapes SNACK: String Cheese, Animal Crackers
8 BREAKFAST: Milk, Oranges, Cheerios LUNCH: Milk, Hotdogs <i>(No Pork Substitution – Chicken Nuggets)</i> , Baked Beans, Carrots, Grapes, Whole Grain Roll SNACK: Pears, Animal Crackers	9 BREAKFAST: Milk, Peaches, Pancakes LUNCH: Milk, BBQ Chicken w/Rice, Sweet Potatoes, Tropical Fruit, Whole Grain Roll SNACK: String Cheese, Goldfish	10 BREAKFAST: Milk, Apple Juice, Grits & Eggs LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	11 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit SNACK: Cantaloupe, Nilla Wafers	12 BREAKFAST: Milk, Strawberries/Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Beef-a-roni, Corn, Applesauce, Whole Grain Roll SNACK: Yogurt, Graham Crackers
15 BREAKFAST: Milk, Pineapple Tidbits, French Toast LUNCH: Milk, Corn Dog <i>(No Pork Substitution – Chicken Nuggets)</i> , Tater Tots, Grapes, Whole Grain Roll SNACK: Applesauce, Animal Crackers	16 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: String Cheese, Apple Juice	17 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Whole Grain Roll SNACK: Yogurt, Nilla Wafers	18 BREAKFAST: Milk, Grapes, Cheese Toast LUNCH: Milk, Mac n Cheese w/Ham <i>(No Pork Substitution – Turkey)</i> , Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Pears, Pretzels	19 BREAKFAST: Milk, Orange Juice, Cinnamon Toast Crunch LUNCH: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Whole Grain Roll SNACK: Mandarin Oranges, Graham Crackers
22 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Hotdog <i>(No Pork Substitution – Chicken Nuggets)</i> , Tater Tots, Apples SNACK: Oranges, Animal Crackers	23 BREAKFAST: Milk, Pineapple Tidbits, Pancake LUNCH: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Whole Grain Roll SNACK: Tropical Fruit, Goldfish	24 BREAKFAST: Milk, Peaches, Scramble Eggs w/Toast LUNCH: Milk, Homemade Beef-a-roni, Lima Beans, Apples, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	25 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Whole Grain Roll SNACK: String Cheese, Pretzels	26 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Ham w/Cheese Sandwich <i>(No Pork Substitution – Turkey)</i> , Carrots, Corn, Mixed Fruit SNACK: Cantaloupe, Nilla Wafers
29 BREAKFAST: Milk, Mixed Fruit, Cereal LUNCH: Milk, Chicken Nuggets, Lima Beans, Mashed Potatoes, Pineapples, Whole Grain Roll SNACK: String Cheese, Grapes	30 BREAKFAST: Milk, Peaches, Bagels w/Cream Cheese LUNCH: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Yogurt, Animal Crackers	31 BREAKFAST: Milk, Strawberries/Apples, Grits & Eggs LUNCH: Milk, Pizza <i>(No Pork Substitution – Turkey Sandwich/Cheese Pizza)</i> , Tossed Salad, Oranges Whole Grain Roll SNACK: Applesauce, Nilla Wafers		

Holidays and Upcoming Events:

7/4 – INDEPENDENCE DAY (ACADEMY WILL BE CLOSED)



Stay up to date by visiting us at www.lfa1.org



LIVING FAITH ACADEMY

August 2019

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
			1 BREAKFAST: Milk, Orange Juice, French Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Whole Grain Roll SNACK: Pears, Goldfish	2 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Sloppy Joe, French Fries/Carrots, Grapes SNACK: Cantaloupe, Graham Crackers
5 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit SNACK: Yogurt, Animal Crackers	6 BREAKFAST: Milk, Apples, Oatmeal LUNCH: Milk, Shepard's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: String Cheese, Cantaloupe	7 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Carrots, Grapes SNACK: Mandarin Oranges, Nilla Wafers	8 BREAKFAST: Milk, Mixed Fruit, Scramble Eggs w/Toast LUNCH: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: Applesauce, Graham Crackers	9 BREAKFAST: Milk, Orange Juice, Cheerios LUNCH: Milk, Spaghetti, Green Beans, Pears, Whole Grain Roll SNACK: Strawberries, Chex Mix
12 BREAKFAST: Milk, Mixed Fruit, Cheese Toast LUNCH: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Whole Grain Roll SNACK: Yogurt, Goldfish FIRST DAY OF SCHOOL	13 BREAKFAST: Milk, Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll SNACK: Mixed Fruit, Nilla Wafers	14 BREAKFAST: Milk, Strawberries/Grapes, Waffles LUNCH: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges, Whole Grain Roll SNACK: Applesauce, Pretzels	15 BREAKFAST: Milk, Apples, French Toast LUNCH: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll SNACK: Oranges, Graham Crackers	16 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Cheeseburger, Corn/Carrots, Grapes SNACK: String Cheese, Animal Crackers
19 BREAKFAST: Milk, Oranges, Cheerios LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Whole Grain Roll SNACK: Pears, Animal Crackers	20 BREAKFAST: Milk, Peaches, Pancake LUNCH: Milk, BBQ Chicken w/Rice, Sweet Potatoes, Tropical Fruit, Whole Grain Roll SNACK: String Cheese, Goldfish	21 BREAKFAST: Milk, Apple Juice, Grits & Eggs LUNCH: Milk, Shepard's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	22 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit SNACK: Cantaloupe, Nilla Wafers	23 BREAKFAST: Milk, Strawberries/Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Beef-a-roni, Corn, Applesauce, Whole Grain Roll SNACK: Yogurt, Graham Crackers
26 BREAKFAST: Milk, Pineapple Tidbits, French Toast LUNCH: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Grapes, Whole Grain Roll SNACK: Applesauce, Animal Crackers	27 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: String Cheese, Apple Juice	28 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Salisbury Steak, Mashed Potatoes/Broccoli, Peaches, Whole Grain Roll SNACK: Yogurt, Nilla Wafers	29 BREAKFAST: Milk, Grapes, Cheese Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Pears, Pretzels	30 BREAKFAST: Milk, Orange Juice, Cinnamon Toast Crunch LUNCH: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Whole Grain Roll SNACK: Mandarin Oranges, Graham Crackers

Holidays and Upcoming Events:

8/6 – NEW STUDENT ORIENTATION (PRESCHOOL, ELEMENTARY AND MIDDLE SCHOOL STUDENTS ONLY) @ 5:30PM-6:30PM

8/7 – PRESCHOOL ORIENTATION (ALL RETURNING STUDENTS) @ 5:30PM-6:30PM

8/8 – ELEMENTARY/MIDDLE SCHOOL ORIENTATION (ALL RETURNING STUDENTS) @ 5:30PM-6:30PM

8/12 – FIRST DAY OF SCHOOL



Stay up to date by visiting us at www.lfa1.org



LIVING FAITH ACADEMY

September 2019

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day ACADEMY CLOSED	3 BREAKFAST: Milk, Pineapple Tidbits, Pancakes LUNCH: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Whole Grain Roll SNACK: Tropical Fruit, Goldfish	4 BREAKFAST: Milk, Peaches, Scramble Eggs w/Toast LUNCH: Milk, Homemade Beef-a-roni, Lima Beans, Applesauce, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	5 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Whole Grain Roll SNACK: String Cheese, Pretzels	6 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit SNACK: Cantaloupe, Nilla Wafers
9 BREAKFAST: Milk, Mixed Fruit, Cereal LUNCH: Milk, Chicken Nuggets, Lima Beans, Mashed Potatoes, Pineapples, Whole Grain Roll SNACK: String Cheese, Grapes	10 BREAKFAST: Milk, Peaches, Bagels w/Cream Cheese LUNCH: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Yogurt, Animal Crackers	11 BREAKFAST: Milk, Strawberries/Apples, Grits & Eggs LUNCH: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/Tomatoes, Oranges, Whole Grain Roll SNACK: Applesauce, Nilla Wafers	12 BREAKFAST: Milk, Orange Juice, French Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Whole Grain Roll SNACK: Pears, Goldfish	13 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Sloppy Joe, French Fries, Carrots, Grapes SNACK: Cantaloupe, Graham Crackers
16 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit SNACK: Yogurt, Animal Crackers	17 BREAKFAST: Milk, Apples, Oatmeal LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: String Cheese, Cantaloupe	18 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Carrots, Grapes SNACK: Mandarin Oranges, Nilla Wafers OPEN HOUSE	19 BREAKFAST: Milk, Mixed Fruit, Scramble Eggs w/Toast LUNCH: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: Applesauce, Graham Crackers	20 BREAKFAST: Milk, Orange Juice, Cheerios LUNCH: Milk, Spaghetti, Green Beans, Pears, Whole Grain Roll SNACK: Strawberries, Chex Mix
23 BREAKFAST: Milk, Mixed Cheese Toast LUNCH: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Whole Grain Roll SNACK: Yogurt, Goldfish	24 BREAKFAST: Milk, Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll SNACK: Mixed Fruit, Nilla Wafers	25 BREAKFAST: Milk, Strawberries/Grapes, Waffles LUNCH: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges, Whole Grain Roll SNACK: Applesauce, Pretzels	26 BREAKFAST: Milk, Apples, French Toast LUNCH: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll SNACK: Oranges, Graham Crackers	27 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Cheeseburger, Corn, Carrots, Grapes SNACK: String Cheese, Animal Crackers
30 BREAKFAST: Milk, Pineapple Tidbits, French Toast LUNCH: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Grapes, Whole Grain Roll SNACK: Applesauce, Animal Crackers				

Holidays and Upcoming Events:

9/2 – LABOR DAY (ACADEMY CLOSED)

9/18 – OPEN HOUSE @ 5PM-7PM

9/20 – GRANDPARENTS DAY LUNCHEON

CDC 1&2, VPK, KG-1ST GRADE – 11:15AM-12:00PM

2ND GRADE-5TH GRADE – 12:00PM-12:45PM

6TH GRADE-8TH GRADE – 12:45PM-1:30PM



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LIVING FAITH ACADEMY

October 2019

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
	1 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: String Cheese, Apple Juice	2 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Whole Grain Roll SNACK: Yogurt, Nilla Wafers	3 BREAKFAST: Milk, Grapes, Cheese Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Pears, Pretzels	4 BREAKFAST: Milk, Orange Juice, Cinnamon Toast Crunch LUNCH: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Whole Grain Roll SNACK: Mandarin Oranges, Graham Crackers
7 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Hotdog (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples SNACK: Oranges, Animal Crackers	8 BREAKFAST: Milk, Pineapple Tidbits, Pancakes LUNCH: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Whole Grain Roll SNACK: Tropical Fruit, Goldfish	9 BREAKFAST: Milk, Peaches, Scramble Eggs w/Toast LUNCH: Milk, Homemade Beef-a-roni, Lima Beans, Applesauce, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	10 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Whole Grain Roll SNACK: String Cheese, Pretzels	11 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit SNACK: Cantaloupe, Nilla Wafers
14 BREAKFAST: Milk, Mixed Fruit, Cereal LUNCH: Milk, Chicken Nuggets, Lima Beans, Mashed Potatoes, Pineapples, Whole Grain Roll SNACK: String Cheese, Grapes	15 BREAKFAST: Milk, Peaches, Bagels w/Cream Cheese LUNCH: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Yogurt, Animal Crackers	16 BREAKFAST: Milk, Strawberries, Apples, Grits & Eggs LUNCH: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/Tomatoes, Oranges, Whole Grain Roll SNACK: Applesauce, Nilla Wafers	17 BREAKFAST: Milk, Orange Juice, French Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Whole Grain Roll SNACK: Pears, Goldfish	18 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Sloppy Joe, French Fries, Carrots, Grapes SNACK: Cantaloupe, Graham Crackers
21 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit SNACK: Yogurt, Animal Crackers	22 BREAKFAST: Milk, Apple, Oatmeal LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: String Cheese, Cantaloupe	23 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Carrots, Grapes SNACK: Mandarin Oranges, Nilla Wafers	24 BREAKFAST: Milk, Mixed Fruit, Scramble Eggs w/Toast LUNCH: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: Applesauce, Graham Crackers	25 BREAKFAST: Milk, Orange Juice, Cheerios LUNCH: Milk, Spaghetti, Green Beans, Pears, Whole Grain Roll SNACK: Strawberries, Chex Mix
28 BREAKFAST: Milk, Mixed Fruit, Cheese Toast LUNCH: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Whole Grain Roll SNACK: Yogurt, Goldfish	29 BREAKFAST: Milk, Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll SNACK: Mixed Fruit, Nilla Wafers	30 BREAKFAST: Milk, Strawberries/Grapes, Waffles LUNCH: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges, Whole Grain Roll SNACK: Applesauce, Pretzels	31 BREAKFAST: Milk, Apples, French Toast LUNCH: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll SNACK: Oranges, Graham Crackers	

Holidays and Upcoming Events:

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LIVING FAITH ACADEMY

November 2019

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Cheeseburger, Corn, Carrots, Grapes SNACK: String Cheese, Animal Crackers
4 BREAKFAST: Milk, Oranges, Cheerios LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Whole Grain Roll SNACK: Pears, Animal Crackers SNACK: Applesauce, Animal	5 BREAKFAST: Milk, Peaches, Pancakes LUNCH: Milk, BBQ Chicken w/Rice, Sweet Potatoes, Tropical Fruit, Whole Grain Roll SNACK: String Cheese, Goldfish	6 BREAKFAST: Milk, Apple Juice, Grits & Eggs LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	7 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit SNACK: Cantaloupe, Nilla Wafers	8 BREAKFAST: Milk, Strawberries/Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Beef-a-roni, Corn, Applesauce, Whole Grain Roll SNACK: Yogurt, Graham Crackers
11 BREAKFAST: Milk, Pineapple Tidbits, French Toast LUNCH: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Grapes, Whole Grain Roll SNACK: Applesauce, Animal Crackers VETERANS DAY	12 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: String Cheese, Apple Juice	13 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Whole Grain Roll SNACK: Yogurt, Nilla Wafers	14 BREAKFAST: Milk, Grapes, Cheese Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Pears, Pretzels	15 BREAKFAST: Milk, Orange Juice LUNCH: Milk, Chicken Nuggets, French, Carrots, Apples, Whole Grain Roll SNACK: Mandarin Oranges, Graham Crackers
18 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples SNACK: Oranges, Animal Crackers	19 BREAKFAST: Milk, Pineapple Tidbits, Pancakes LUNCH: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Whole Grain Roll SNACK: Tropical Fruit, Goldfish	20 BREAKFAST: Milk, Peaches, Scramble Eggs w/Toast LUNCH: Milk, Homemade Beef-a-roni, Lima Beans, Applesauce, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	21 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Whole Grain Roll SNACK: String Cheese, Pretzels	22 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit SNACK: Cantaloupe, Nilla Wafers
25 BREAKFAST: Milk, Mixed Fruit, Cereal LUNCH: Milk, Chicken Nuggets, Lima Beans, Mashed Potatoes, Whole Grain Roll SNACK: String Cheese, Grapes	26 BREAKFAST: Milk, Peaches, Bagel w/Cream Cheese LUNCH: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Yogurt, Animal Crackers	27 BREAKFAST: Milk, Strawberries/Apples, Grits & Eggs LUNCH: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/Tomatoes, Oranges, Whole Grain Roll SNACK: Applesauce, Nilla Wafers	28 Thanksgiving ACADEMY CLOSED	29 Thanksgiving Break ACADEMY CLOSED

Holidays and Upcoming Events:

11/11 – VETERAN'S DAY (NO SCHOOL FOR VPK, ELEMENTARY AND MIDDLE SCHOOL STUDENTS) – **CHILD DEVELOPMENT CENTER (CDC) WILL BE OPEN**

11/26 – THANKSGIVING LUNCHEON (CDC 1-2, VPK, KG– LUNCHTIME: 11:00AM-11:45AM) (1ST-5TH GRADE – LUNCHTIME: 12:00PM-12:45PM) (6TH-8TH – LUNCHTIME: 12:45PM – 1:30PM)

11/27-29 – THANKSGIVING HOLIDAY (NO SCHOOL FOR VPK, ELEMENTARY AND MIDDLE SCHOOL) – **CHILD DEVELOPMENT CENTER (CDC) WILL BE OPEN ON 11/27**

11/28-29 – THANKSGIVING HOLIDAY (ACADEMY WILL BE CLOSED)



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LIVING FAITH ACADEMY

December 2019

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit SNACK: Yogurt, Animal Crackers	3 BREAKFAST: Milk, Apples, Oatmeal LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: String Cheese, Cantaloupe	4 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Carrots, Grapes SNACK: Mandarin Oranges, Nilla Wafers	5 BREAKFAST: Milk, Mixed Fruit, Scramble Eggs w/Toast LUNCH: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: Applesauce, Graham Crackers	6 BREAKFAST: Milk, Orange Juice, Cheerios LUNCH: Milk, Spaghetti, Green Beans, Pears, Whole Grain Roll SNACK: Strawberries, Chex Mix
9 BREAKFAST: Milk, Mixed Fruit, Cheese Toast LUNCH: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Whole Grain Roll SNACK: Yogurt, Goldfish	10 BREAKFAST: Milk, Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Rice SNACK: Mixed Fruit, Nilla Wafers	11 BREAKFAST: Milk, Strawberries/Grapes, Waffles LUNCH: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges, Whole Grain Roll SNACK: Applesauce, Pretzels	12 BREAKFAST: Milk, Apples, French Toast LUNCH: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll SNACK: Oranges, Graham Crackers	13 BREAKFAST: Milk, Apple Juice LUNCH: Milk, Cheeseburger, Corn, Carrots, Grapes SNACK: String Cheese, Animal Crackers
16 BREAKFAST: Milk, Orange, Cheerios LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Whole Grain Roll SNACK: Pears, Animal Crackers	17 BREAKFAST: Milk, Peaches, Pancakes LUNCH: Milk, BBQ Chicken w/Rice, Sweet Potatoes, Tropical Fruit, Whole Grain Roll SNACK: String Cheese, Goldfish	18 BREAKFAST: Milk, Apple Juice, Grits & Eggs LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	19 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit SNACK: Cantaloupe, Nilla Wafers	20 BREAKFAST: Milk, Strawberries/Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Beef-a-roni, Corn, Applesauce, Whole Grain Roll SNACK: Yogurt, Graham Crackers
23 BREAKFAST: Milk, Pineapple Tidbits, French Toast LUNCH: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Whole Grain Roll, Grapes SNACK: Applesauce, Animal Crackers	24 Christmas Eve ACADEMY CLOSED	25 Christmas Day ACADEMY CLOSED	26 BREAKFAST: Milk, Grapes, Cheese Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Green Beans, Whole Grain Roll, Tropical Fruit SNACK: Pears, Pretzels	27 BREAKFAST: Milk, Orange Juice, Cinnamon Toast Crunch LUNCH: Milk, Chicken Nuggets, French Fries, Carrots, Whole Grain Roll, Apples SNACK: Mandarin Oranges, Graham Crackers
30 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples SNACK: Oranges, Animal Crackers	31 BREAKFAST: Milk, Pineapples Tidbits, Pancakes LUNCH: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Whole Grain Roll SNACK: Tropical Fruit, Goldfish			

Holidays and Upcoming Events:

12/19 – CHRISTMAS LUNCHEON (CDC 1-2, VPK, KG– LUNCHTIME: 11:00AM-11:45AM) (1ST-5TH GRADE – LUNCHTIME: 12:00PM-12:45PM) (6TH-8TH – LUNCHTIME: 12:45PM – 1:30PM)

12/20-1/3/19 – WINTER HOLIDAY (NO SCHOOL FOR VPK, ELEMENTARY AND MIDDLE SCHOOL) CHILD DEVELOPMENT CENTER (CDC) WILL BE OPEN EXCEPT FOR DATES LISTED BELOW

12/24-25 – CHRISTMAS BREAK (ACADEMY WILL BE CLOSED)



Stay up to date by visiting us at www.lfa1.org



LIVING FAITH ACADEMY

January 2020

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 New Year's Day ACADEMY CLOSED	2 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Whole Grain Roll SNACK: String Cheese, Pretzels	3 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit SNACK: Cantaloupe, Nilla Wafers
6 BREAKFAST: Milk, Mixed Fruit, Cereal LUNCH: Milk, Chicken Nuggets, Lima Beans, Mashed Potatoes, Pineapples, Whole Grain Roll SNACK: String Cheese, Grapes CLASSES RESUME	7 BREAKFAST: Milk, Peaches, Bagels w/Cream Cheese LUNCH: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Yogurt, Animal Crackers	8 BREAKFAST: Milk, Strawberries/Apples, Grits & Eggs LUNCH: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/Tomatoes, Oranges, Whole Grain Roll SNACK: Applesauce, Nilla Wafers	9 BREAKFAST: Milk, Orange Juice, French Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Whole Grain Roll SNACK: Pears, Goldfish	10 BREAKFAST: Milk, Orange Juice, Cheerios LUNCH: Milk, Sloppy Joe, French Fries, Carrots, Grapes SNACK: Cantaloupe, Graham Crackers
13 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit SNACK: Yogurt, Animal Crackers	14 BREAKFAST: Milk, Apples, Oatmeal LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: String Cheese, Cantaloupe	15 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Carrots, Grapes SNACK: Mandarin Oranges, Nilla Wafers	16 BREAKFAST: Milk, Mixed Fruit, Scramble Eggs w/Toast LUNCH: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: Applesauce, Graham Crackers	17 BREAKFAST: Milk, Orange Juice, Cheerios LUNCH: Milk, Spaghetti, Green Beans, Pears, Whole Grain Roll SNACK: Strawberries, Chex Mix
20 ML King's Day ACADEMY CLOSED	21 BREAKFAST: Milk, Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll SNACK: Mixed Fruit, Nilla Wafers	22 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges, Whole Grain Roll SNACK: Applesauce, Pretzels	23 BREAKFAST: Milk, Apples, French Toast LUNCH: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll SNACK: Oranges, Graham Crackers	24 ACTS Conference Professional Development Day ACADEMY CLOSED
27 BREAKFAST: Milk, Orange, Cheerios LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Whole Grain Roll SNACK: Pears, Animal Crackers	28 BREAKFAST: Milk, Peaches, Pancakes LUNCH: Milk, BBQ Chicken w/Rice, Sweet Potatoes, Tropical Fruit, Whole Grain Roll SNACK: String Cheese, Goldfish	29 BREAKFAST: Milk, Apple Juice, Grits & Eggs LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	30 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit SNACK: Cantaloupe, Nilla Wafers	31 BREAKFAST: Milk, Strawberries/Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Beef-a-roni, Corn, Applesauce, Whole Grain Roll SNACK: Yogurt, Graham Crackers

Holidays and Upcoming Events:

1/1 – NEW YEAR'S DAY (ACADEMY WILL BE CLOSED)

1/7 – CLASSES RESUME FOR VPK, ELEMENTARY AND MIDDLE SCHOOL

1/20 – MARTIN LUTHER KING JR. DAY (ACADEMY WILL BE CLOSED)

1/23-24 – ACTS CONFERENCE PROFESSIONAL DEVELOPMENT DAY (NO SCHOOL FOR VPK, ELEMENTARY AND MIDDLE SCHOOL) **CHILD DEVELOPMENT CENTER (CDC) WILL BE OPEN ON 1/23 BUT CLOSED ON 1/24**

1/24 – ACTS CONFERENCE PROFESSIONAL DEVELOPMENT DAY (ACADEMY CLOSED)



Stay up to date by visiting us at www.lfa1.org



LIVING FAITH ACADEMY

February 2020

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
3 BREAKFAST: Milk, Pineapples Tidbits, French Toast LUNCH: Milk, Corn Dog (<i>No Pork Substitution – Chicken Nuggets</i>), Tater Tots, Grapes, Whole Grain Roll SNACK: Applesauce, Animal Crackers	4 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: String Cheese, Apple Juice	5 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Whole Grain Roll SNACK: Yogurt, Nilla Wafers	6 BREAKFAST: Milk, Grapes, Cheese Toast LUNCH: Milk, Mac n Cheese w/Ham (<i>No Pork Substitution – Turkey</i>), Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Pears, Pretzels	7 BREAKFAST: Milk, Orange Juice, Cinnamon Toast Crunch LUNCH: Milk, Chicken Nuggets, French Fries, Carrots, Whole Grain Roll, Apples SNACK: Mandarin Oranges, Graham Crackers
10 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Hotdog (<i>No Pork Substitution – Chicken Nuggets</i>), Tater Tots, Apples SNACK: Oranges, Animal Crackers	11 BREAKFAST: Milk, Pineapple Tidbits, Pancake LUNCH: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Whole Grain Roll, Peaches SNACK: Tropical Fruit, Goldfish	12 BREAKFAST: Milk, Peaches, Scramble Eggs w/Toast LUNCH: Milk, Homemade Beef-a-roni, Lima Beans, Whole Grain Roll, Applesauce SNACK: Mandarin Oranges, Chex Mix	13 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, BBQ Chicken, Green Beans, Grapes, Rice, Whole Grain Roll SNACK: String Cheese, Pretzels	14 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Ham w/Cheese Sandwich (<i>No Pork Substitution – Turkey</i>), Carrots, Corn, Mixed Fruit SNACK: Cantaloupe, Nilla Wafers
17 BREAKFAST: Milk, Mixed Fruit, Cereal LUNCH: Milk, Chicken Nuggets, Lima Beans, Mashed Potatoes, Pineapples, Whole Grain Roll SNACK: String Cheese, Grapes PRESIDENT'S DAY	18 BREAKFAST: Milk, Peaches, Bagels & Cream Cheese LUNCH: Milk, Salisbury Steak, Green Beans, Tropical Fruit, Rice, Whole Grain Roll SNACK: Yogurt, Animal Crackers	19 BREAKFAST: Milk, Strawberries/Apples, Grits & Eggs LUNCH: Milk, Pizza (<i>No Pork Substitution – Turkey Sandwich/Cheese Pizza</i>), Tossed Salad w/Tomatoes, Whole Grain Roll, Oranges SNACK: Applesauce, Nilla Wafers	20 BREAKFAST: Milk, Orange Juice, French Toast LUNCH: Milk, Mac n Cheese w/Ham (<i>No Pork Substitution – Turkey</i>), Broccoli, Whole Grain Roll, Mixed Fruit SNACK: Pears, Goldfish	21 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Sloppy Joe, French Fries, Carrots, Grapes SNACK: Cantaloupe, Graham Crackers
24 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Ham w/Cheese Sandwich (<i>No Pork Substitution – Turkey</i>), Tossed Salad, Tropical Fruit SNACK: Yogurt, Animal Crackers	25 BREAKFAST: Milk, Apples, Oatmeal LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: String Cheese, Cantaloupe	26 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Hotdog (<i>No Pork Substitution – Chicken Nuggets</i>), Tater Tots, Carrots, Grapes SNACK: Mandarin Oranges, Nilla Wafers	27 BREAKFAST: Milk, Mixed Fruit, Scramble Eggs w/Toast LUNCH: Milk, Baked Chicken, Black Beans, Oranges, Rice, Whole Grain Roll SNACK: Applesauce, Graham Crackers	28 BREAKFAST: Milk, Orange Juice, Cheerios LUNCH: Milk, Spaghetti, Green Beans, Whole Grain Roll, Pears SNACK: Strawberries, Chex Mix

Holidays and Upcoming Events:

2/17 – PRESIDENT'S DAY (NO SCHOOL FOR VPK, ELEMENTARY AND MIDDLE SCHOOL STUDENTS)

Stay up to date by visiting us at www.lfa1.org



LIVING FAITH ACADEMY

March 2020

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 BREAKFAST: Milk, Mixed Fruit, Cheese Toast LUNCH: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Whole Grain Roll SNACK: Yogurt, Goldfish	3 BREAKFAST: Milk, Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain SNACK: Mixed Fruit, Nilla Wafers	4 BREAKFAST: Milk, Strawberries/Grapes, Waffles LUNCH: Milk, Pizza (No Pork Substitution – Chicken Nuggets/Cheese Pizza), Mixed Veg., Mandarin Oranges, Whole Grain Roll SNACK: Applesauce, Pretzels	5 BREAKFAST: Milk, Apples, French Toast LUNCH: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll SNACK: Oranges Graham Crackers	6 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Cheeseburger, Corn, Carrots, Grapes SNACK: String Cheese, Animal Crackers
9 BREAKFAST: Milk, Oranges, Cheerios LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Whole Grain Roll SNACK: Pears, Animal Crackers Spirit Theme Spirit Theme Detail	10 BREAKFAST: Milk, Peaches, Pancake LUNCH: Milk, BBQ Chicken w/Rice, Sweet Potatoes, Tropical Fruit, Whole Grain Roll SNACK: String Cheese, Goldfish Spirit Theme Spirit Theme Detail	11 BREAKFAST: Milk, Apple Juice, Grits & Eggs LUNCH: Milk, Shepherd's Pie, w/Rice, Peaches, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix Spirit Theme Spirit Theme Detail	12 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit SNACK: Cantaloupe, Nilla Wafers Spirit Theme Spirit Theme Detail	13 BREAKFAST: Milk, Strawberries/Pears, Bagels & Cream Cheese LUNCH: Milk, Homemade Beef-a-roni, Corn, Whole Grain Roll, Applesauce SNACK: Yogurt, Graham Crackers Spirit Theme Spirit Theme Detail
16 BREAKFAST: Milk, Pineapple Tidbits, French Toast LUNCH: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Whole Grain Roll, Grapes SNACK: Applesauce, Animal Crackers	17 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: String Cheese, Apple Juice	18 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Whole Grain Roll SNACK: Yogurt, Nilla Wafers	19 BREAKFAST: Milk, Grapes, Cheese Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Green Beans, Whole Grain Roll, Tropical Fruit SNACK: Pears, Pretzels	20 BREAKFAST: Milk, Orange Juice, Cinnamon Toast Crunch LUNCH: Milk, Chicken Nuggets, French Fries, Carrots, Whole Grain Roll, Apples SNACK: Mandarin Oranges, Graham Crackers
23 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Hotdog (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples SNACK: Oranges, Animal Crackers	24 BREAKFAST: Milk, Pineapple Tidbits, Pancakes LUNCH: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Whole Grain Roll, Peaches SNACK: Tropical Fruit, Goldfish	25 BREAKFAST: Milk, Peaches, Scramble Eggs w/Toast LUNCH: Milk, Beef – a – roni, Lima Beans, Whole Grain Roll, Applesauce SNACK: Mandarin Oranges, Chex Mix	26 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Whole Grain Roll SNACK: String Cheese, Pretzels	27 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit SNACK: Cantaloupe, Nilla Wafers
30 BREAKFAST: Milk, Mixed Fruit, Cereal LUNCH: Milk, Chicken Nuggets, Mashed Potatoes, Lima Beans, Whole Grain Roll, Pineapples SNACK: String Cheese, Grapes	31 BREAKFAST: Milk, Peaches, Bagels & Cream Cheese LUNCH: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Yogurt, Animal Crackers			

Holidays and Upcoming Events:

3/9-13 – SPIRIT WEEK (SPIRIT WEEK IS FOR VPK, ELEMENTARY & MIDDLE SCHOOL STUDENTS ONLY) WE ASK THAT ALL STUDENTS PARTICIPATE.

3/16-20 – SPRING BREAK (NO SCHOOL FOR VPK, ELEMENTARY & MIDDLE SCHOOL STUDENTS) CHILD DEVELOPMENT CENTER (CDC) WILL BE OPEN

3/23 – CLASSES RESUME

Stay up to date by visiting us at www.lfa1.org



LIVING FAITH ACADEMY

April 2020

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BREAKFAST: Milk, Orange Juice, Grits & Eggs LUNCH: Milk, Pizza (No Pork Substitution – Chicken Nuggets/Cheese Pizza), Tossed Salad w/Tomatoes, Whole Grain Roll, Oranges SNACK: Applesauce, Nilla Wafers	2 BREAKFAST: Milk, Strawberries/Apples, French Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Whole Grain Roll, Mixed Fruit SNACK: Pears, Goldfish	3 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Sloppy Joe, French Fries, Carrots, Grapes SNACK: Cantaloupe, Graham Crackers
6 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit SNACK: Yogurt, Animal Crackers	7 BREAKFAST: Milk, Apples, Oatmeal LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: String Cheese, Cantaloupe	8 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Carrots, Grapes SNACK: Mandarin Oranges, Nilla Wafers	9 BREAKFAST: Milk, Mixed Fruit, Scramble Eggs w/Toast LUNCH: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: Applesauce, Graham Crackers	10 GOOD FRIDAY ACADEMY CLOSED
13 BREAKFAST: Milk, Mixed Fruit, Cheese Toast LUNCH: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Whole Grain Roll SNACK: Yogurt, Goldfish	14 BREAKFAST: Milk, Pears, Bagels LUNCH: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll SNACK: Mixed Fruit, Nilla Wafers	15 BREAKFAST: Milk, Strawberries/Grapes, Waffles LUNCH: Milk, Pizza (No Pork Substitution – Chicken Nuggets/Cheese Pizza), Mixed Veg., Mandarin Oranges, Whole Grain Roll SNACK: Applesauce, Pretzels	16 BREAKFAST: Milk, Apples, French Toast LUNCH: Milk, Pull Chicken Broccoli, Tropical Fruit, Whole Grain Roll SNACK: Oranges, Graham Crackers	17 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Cheeseburger, Corn, Carrots, Grapes SNACK: String Cheese, Animal Crackers
20 BREAKFAST: Milk, Oranges, Cheerios LUNCH: Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Whole Grain Roll SNACK: Pears, Animal Crackers	21 BREAKFAST: Milk, Peaches, Pancakes LUNCH: Milk, BBQ Chicken w/Rice, Sweet Potatoes, Tropical Fruit, Whole Grain Roll SNACK: String Cheese, Goldfish	22 BREAKFAST: Milk, Apple Juice, Grits & Eggs LUNCH: Milk, Shephard's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	23 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit SNACK: Cantaloupe, Nilla Wafers	24 BREAKFAST: Milk, Strawberries/Pears, Bagel & Cream Cheese LUNCH: Milk, Homemade Beef-a-roni, Corn, Applesauce, Whole Grain Roll SNACK: Yogurt, Graham Crackers
27 BREAKFAST: Milk, Pineapple Tidbits, French Toast LUNCH: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Whole Grain Roll, Grapes SNACK: Applesauce, Animal Crackers	28 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: String Cheese, Apple Juice	29 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Whole Grain Roll SNACK: Yogurt, Nilla Wafers	30 BREAKFAST: Milk, Grapes, Cheese Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Pears, Pretzels	

Holidays and Upcoming Events:

4/10 – GOOD FRIDAY (ACADEMY WILL BE CLOSED)

4/22 – ADMINISTRATIVE PROFESSIONALS DAY

Stay up to date by visiting us at www.lfa1.org



LIVING FAITH ACADEMY

May 2020

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
				1 BREAKFAST: Milk, Orange Juice, Cinnamon Toast Crunch LUNCH: Milk, Chicken Nuggets, French Fries, Carrots, Apple, Whole Grain Roll SNACK: Mandarin Oranges, Graham Crackers
4 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Hotdog (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples SNACK: Oranges, Animal Crackers	5 BREAKFAST: Milk, Pineapple Tidbits, Pancake LUNCH: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Whole Grain Roll SNACK: Tropical Fruit, Goldfish	6 BREAKFAST: Milk, Peaches, Scramble Eggs w/Toast LUNCH: Milk, Beef-a-roni, Lima Beans, Applesauce, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	7 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Whole Grain Roll SNACK: String Cheese, Pretzels	8 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit SNACK: Cantaloupe, Nilla Wafers
11 BREAKFAST: Milk, Mixed Fruit, Cereal LUNCH: Milk, Chicken Nuggets, Lima Beans, Mashed Potatoes, Pineapples, Whole Grain Roll SNACK: String Cheese, Grapes	12 BREAKFAST: Milk, Peaches, Bagels & Cream Cheese LUNCH: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Whole Grain Roll SNACK: Yogurt, Animal Crackers	13 BREAKFAST: Milk, Strawberries/Apples, Grits & Eggs LUNCH: Milk, Pizza (No Pork Substitution – Chicken Nuggets/Cheese Pizza), Tossed Salad w/Tomatoes, Oranges, Whole Grain Roll SNACK: Applesauce, Nilla Wafers	14 BREAKFAST: Milk, Orange Juice, French Toast LUNCH: Milk, Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Whole Grain Roll SNACK: Pears, Goldfish	15 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Sloppy Joe, French Fries, Carrots, Grapes SNACK: Cantaloupe, Graham Crackers
18 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit SNACK: Yogurt, Animal Crackers	19 BREAKFAST: Milk, Apples, Oatmeal LUNCH: Milk, Shepherd's Pie Mixed Veg., Peaches, Whole Grain Roll SNACK: Mandarin Oranges, Nilla Wafers	20 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Carrots, Grapes SNACK: Mandarin Oranges, Nilla Wafers	21 BREAKFAST: Milk, Mixed Fruit, Scramble Eggs w/Toast LUNCH: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: Applesauce, Graham Crackers	22 BREAKFAST: Milk, Orange Juice, Cheerios LUNCH: Milk, Spaghetti, Green Beans, Pears, Whole Grain Roll SNACK: Strawberries, Chex Mix
25 Memorial Day ACADEMY CLOSED	26 BREAKFAST: Milk, Pears, Bagels w/Cream Cheese LUNCH: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll SNACK: Mixed Fruit, Nilla Wafers	27 BREAKFAST: Milk, Strawberries/Grapes LUNCH: Milk, Pizza (No Pork Substitution – Chicken Nuggets/Cheese Pizza), Mixed Veg., Mandarin Oranges, Whole Grain Roll SNACK: Applesauce, Pretzels	28 BREAKFAST: Milk, Apples, French Toast LUNCH: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll SNACK: Oranges, Graham Crackers	29 BREAKFAST: Milk, Apple Juice, Cinnamon Toast Crunch LUNCH: Milk, Cheeseburger, Corn, Carrots, Grapes SNACK: String Cheese, Animal Crackers

Holidays and Upcoming Events:

5/6-10 – TEACHER APPRECIATION WEEK & SCHOOL NUTRITION EMPLOYEE WEEK (PLEASE TAKE THE TIME TO TELL YOUR CHILD'S TEACHER AND KITCHEN STAFF HOW MUCH YOU APPRECIATE HER/HIM/THEM)

5/10 – MUFFINS WITH MOMS (LIGHT REFRESHMENTS IN THE FELLOWSHIP HALL @ 7:30AM-8:00AM)

5/24 – FIELD DAY @ 9AM

5/27 – MEMORIAL DAY (ACADEMY WILL BE CLOSED)

5/28 – VPK GRADUATION @ 6PM (LAST DAY FOR VPK STUDENTS)

5/29 – KINDERGARTEN GRADUATION @ 5PM

5/30 – AWARD ASSEMBLY @ 10 AM

5TH AND 8TH PROMOTIONAL BANQUET @ 5PM

5/31 – LAST DAY FOR ELEMENTARY AND MIDDLE SCHOOL STUDENTS



LIVING FAITH ACADEMY

June 2020

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 BREAKFAST: Milk, Oranges, Cheerios LUNCH: Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Whole Grain Roll SNACK: Pears, Animal Crackers	2 BREAKFAST: Milk, Peaches, Pancakes LUNCH: Milk, BBQ Chicken w/Rice, Sweet Potatoes, Tropical Fruit, Whole Grain Roll SNACK: String Cheese, Goldfish	3 BREAKFAST: Milk, Apple Juice, Grits & Eggs LUNCH: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	4 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit SNACK: Cantaloupe, Nilla Wafers	5 BREAKFAST: Milk, Strawberries/Pears, Bagels w/Cream Cheese LUNCH: Milk, Beef-a-roni, Corn, Applesauce, Whole Grain Roll SNACK: Yogurt, Graham Crackers
8 BREAKFAST: Milk, Pineapples Tidbits, French Toast LUNCH: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Whole Grain Roll, Grapes SNACK: Applesauce, Animal Crackers	9 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Whole Grain Roll SNACK: String Cheese, Apple Juice	10 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Whole Grain Roll SNACK: Yogurt, Nilla Wafers	11 BREAKFAST: Milk, Grapes, Cheese Toast LUNCH: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Green Beans, Whole Grain Roll SNACK: Pears, Pretzels	12 BREAKFAST: Milk, Orange Juice, Cinnamon Toast Crunch LUNCH: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Whole Grain Roll SNACK: Mandarin Oranges, Graham Crackers
15 BREAKFAST: Milk, Apple Juice, Cheerios LUNCH: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples SNACK: Oranges, Animal Crackers	16 BREAKFAST: Milk, Pineapple Tidbits, Pancake LUNCH: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Whole Grain Roll SNACK: Tropical Fruit, Goldfish	17 BREAKFAST: Milk, Peaches, Scramble Eggs w/Toast LUNCH: Milk, Beef-a-roni, Lima Beans, Applesauce, Whole Grain Roll SNACK: Mandarin Oranges, Chex Mix	18 BREAKFAST: Milk, Orange Juice, Cereal LUNCH: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Whole Grain Roll SNACK: String Cheese, Pretzels	19 BREAKFAST: Milk, Strawberries/Apples, Oatmeal LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit SNACK: Cantaloupe, Nilla Wafers
22 BREAKFAST: Milk, Apple Juice, Cereal LUNCH: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit SNACK: Yogurt, Animal Crackers	23 BREAKFAST: Milk, Apples, Oatmeal LUNCH: Milk, Shepherd's Pie, Mix Veg., Roll, Peaches SNACK: String Cheese, Cantaloupe	24 BREAKFAST: Milk, Oranges, Waffles LUNCH: Milk, Hotdog (No Pork Substitution – Chicken Nuggets), Tater Tots, Grapes SNACK: Mandarin Oranges, Nilla Wafers	25 BREAKFAST: Milk, Mixed Fruit, Scramble Eggs w/Toast LUNCH: Milk, Baked Chicken, Rice, Black Beans, Oranges, Roll SNACK: Applesauce, Graham Crackers	26 BREAKFAST: Milk, Orange Juice, Cheerios LUNCH: Milk, Spaghetti, Green Beans, Roll, Pears SNACK: Strawberries, Chex Mix

Holidays and Upcoming Events:

6/14 – DONUTS WITH DAD (LIGHT REFRESHMENTS IN THE FELLOWSHIP HALL @ 7:30AM-8:00AM)